

Even More Events

- Jul 31 Movies at Swanny Park-** Peoples' Choice, see poll on Moab City website calendar. Free movie series are family friendly, with a wide variety of new titles and classics from every genre. Starting at dark (around 8 pm). Visit www.MoabCity.gov for updates and film selections
- Jul 31 Skate Moab-** Free Community Night, All Ages, 6pm-8pm, Old Spanish Trail Arena Pavilion
- Jul 31 Live Music: Spanish Valley Winery-** Lisa Hathaway "The Railbirds"
- Jul 31 Live Music: Blu Pig-** Willwood Willow Duo

Recurring Healthy Events

Community Acupuncture (Sunday, July 14, 6:30pm at 76 South Main St—Behind Red Rock Bakery) Join us for Community Acupuncture with Naturopathic Physician and Acupuncturist Rob Neilson at the Wellness Collective. Take an hour to rest, reset, and nurture yourself this fall season. Whether you're seeking stress relief, deeper rest, or simply a little self-care, this is a beautiful way to support your whole being. By Donation. Please sign up online at www.wellnesscollectivemoab.com

Tai Chi with Drew (Alternate Mondays, July 6 & 20, 5:15 pm at 76 South 100 West—in the Back of Red Rock Bakery) Class taught by Drew Roots who has been consistently practicing Tai-chi for 27 years now. Sign up online at www.wellnesscollectivemoab.com to save your spot.

Chair Yoga (Mondays at 9am, 76 South 100 West—in the Back of Red Rock Bakery) Join us for Chair Yoga, a class designed to support and nurture everyone, regardless of ability. Sign up online at www.wellnesscollectivemoab.com to save your spot.

Mat Pilates (Tuesdays / Wednesdays / Thursdays 5:15–6:15pm) Build strength, alignment and movement precision through Mat Pilates with Pamela Shanti Pack. Space is limited, visit moonriveryoga.com for registration information.

Yamuna Body Rolling (Tuesdays 8-9:15am) Join Structural Integration Practitioner Elizabeth Lamaroux for this weekly exploration that weaves together structural alignment, connective tissue work and nervous system regulation. Space is limited; visit moonriveryoga.com for registration information.

Chair Yoga (Tuesdays at 2:30pm, Grand Center, 182 North 500 West) Join us for Chair Yoga, a class designed to support and nurture everyone, regardless of ability. Donations accepted. Sign up online at www.wellnesscollectivemoab.com to save your spot or just show up.

Y12SR-The Yoga of 12-Step Recovery (Wednesdays at 5:15pm at 76 South 100 West—in the Back of Red Rock Bakery) Combining the practical tools of the 12-Step program with the ancient wisdom of yoga. Y12SR is a yoga practice followed by a brief group discussion based on the 12-steps. Open to everyone and anyone dealing with their own addictive behavior or affected by the addictive behavior of others. This is an open and inclusive group. All A's are welcome. Y12SR is NOT a replacement for meetings, sponsors, or a part of the 12-step program. Provided in partnership with @myusara. Sign up online at www.wellnesscollectivemoab.com

Community Yoga with Wellness Collective (Thursdays at 5:15pm at 76 South 100 West—in the Back of Red Rock Bakery). Join the facilitators with Wellness Collective for a 60 minute community yoga class. Class is by donation and you must sign up in advance online at www.wellnesscollectivemoab.com

Dharma Recovery (Alternate Thursdays, July 2, 16 & 30 at 6:30pm at 76 South 100 West—in the Back of Red Rock Bakery). A peer-led movement and community that is unified by our trust in the potential of each of us to recover and find freedom from the suffering of addiction. We believe that the traditional Buddhist teachings, often referred to as the Dharma, offer a powerful approach to healing from addiction and living a life of true freedom. Please sign up online at www.wellnesscollectivemoab.com

Fun Friday — Flow into Yoga (Fridays, 8:30am at 76 South 100 West—in the Back of Red Rock Bakery). Start your Friday with this all-levels donation yoga class designed to help you awaken the body, center the mind, and ease into your day with intention. Includes a Free 12oz coffee from the Red Rock Bakery! Sign up in advance online at www.wellnesscollectivemoab.com

Yoga for Recovery for Everyone (Fridays, 10:00am at USARA, 23 S 100 W, Moab). Join Breann at USARA for a FREE gentle yoga class. Please sign up in advance online at www.wellnesscollectivemoab.com

Qi-Gong (Saturday, July 18, 8:00am at 76 South 100 West—in the Back of Red Rock Bakery) Zhineng Qigong is a powerful mind-body practice rooted in ancient Chinese healing traditions and adapted for modern times. This gentle yet profound system blends slow movement, sound, visualization, and meditation to help individuals cultivate inner peace, restore balance, and enhance vitality. Virtual-Zoom or in person option available! Sign up at wellnesscollectivemoab.com for more info.

Moab Backyard Theater Entertains through July

Yes Moab's known for being hot! But Moab has some hot entertainment as well, Not only are there plenty of natural wonders to see in Moab, there's also lots of fun entertainment available right downtown. Moab hosts a thriving music scene. If you're looking for something totally different, there's the Moab Backyard Theater, located right in the heart of downtown. It's open to all ages and great fun for grown-ups and kids alike. In July, shows are every night Wed. and Sat. at 8pm, offering a nice cooler evening summer activity.

The Backyard Theater is one of the only open-air entertainment venues in the west, a throwback to the old west days when traveling shows entertained culture-starved pioneers on the dusty streets of the frontier towns. Located just a half-block off Main street in downtown, The Backyard Theater features Magic and Music two nights a week. The stage sits beneath a giant cottonwood tree that is older than the town itself. In its 12th year of operation, the theater has entertained thousands of people from all over the world. They come to see an old-fashioned type of American entertainment that has all but vanished in the rest of the country.

Every Wednesday, traditional bluegrass music returns to the theater. The renowned band Quicksand Soup performs old-time standards and unique originals starting



at 8 pm. The free show has become a downtown fixture over the last few years and it's common to see both locals and tourists alike tapping their toes.

Saturdays, Moab's Magic show returns with the award-winning magic of Rick Boretti. Rick's hilarious routine changes constantly, but always involves lots of wisecracks and mystifying magic tricks. Folks have been known to return year after year for the show. Kids love Rick's magic, but adults are often amazed at how much they love it too.

If you haven't caught a real magic show in a while, then you might have forgotten how fun they can be. Shows start at 8pm. Music is always free. Magic Prices are 10 dollars for folks over 12 and 5 dollars for kids over 3. 3 and under are free. The El Local food truck is onsite, The theater allows outside food and drink as well. It is located just behind Zax at 56 W. 100 South.

And be sure to mention you read about it in *Moab Happenings*.



August 2026

Aug 1 Moab Open Flea Market- Old City Park. Contact Char @text (801)870-4062

Aug 1 Fruita Farmers and Makers Market- Held every Saturday morning from 8:30am to noon, at the Fruita Civic Center Park, 325 E. Aspen Ave. Fruita, CO. Music by Brian Limper. www.fruitachamber.org/events/farmers-market. See article pg 7A

Aug 1–2 Golf Tournament- 3-n-1 Mixed Championship, mixed. To sign up for a tournament, please call the Moab Golf Course pro shop at (435) 259-6488.

Aug 1–8 San Juan County Fair- "Country Kicks in 26" Info: San Juan County Fair, Monticello, Facebook

Aug 5 Green Gatherings- Do you have questions about recycling and sustainable alternatives in our community? Ever wonder what happens to that glass jar you just dropped off at the recycling center...join Moab Solutions and Canyonlands Solid Waste on the first Wednesday of each month for our Green Gatherings! Meetings are held in the modular office at the Recycle Center—open house style—drop by anytime between 5:00–6:30pm. Light refreshments are served.

Aug 6 Fruita Thursday Night Concert Series- The Rocky Mountain Ramblers. 7:30pm At Civic Center Park, 325 E. Aspen Ave, Fruita, Colorado. www.fruita.org

Aug 7 Moab Free Concert Series: Bobby Alu and The Nanites. 6–9pm Swanny City Park. www.moabfreeconcerts.com

Aug 7 Moab Art Walk- A free, all-ages downtown celebration of artistry and community, from 5-8 pm at Participating Businesses and the Moab Arts and Recreation Center. Locations exhibit new work every month, featuring local and regional artists exploring a variety of ideas and mediums. Expect to encounter raffles, food and drink, artist demonstrations, live music, and more as you stroll around town to each of the locations. Meet and mingle with artists and art enthusiasts, buy a piece of art, and leave feeling inspired to create! For more information, including a map of participating Art Walk locations, monthly show details, and information about accessibility accommodations, please visit www.moabarts.org. Hosted the First Friday, 5–8pm.

Aug 7: ArtWalk: Voices & Votes Closing Reception. See how the community portions of the exhibit have grown and what we have learned about our community voices. At Moab Arts (MARC).

Aug 8 Fruita Farmers and Makers Market- Held every Saturday morning from 8:30am to noon, at the Fruita Civic Center Park, 325 E. Aspen Ave. Fruita, CO. Music by The Westgrove Experience. www.fruitachamber.org/events/farmers-market. See article pg 7A

Aug 8–9 Ute 100 & 50 Mile- Runners embark on a challenging 100-mile, 50-mile, or 50k journey beginning just before sunrise at the base of the La Sals, with scenic views of Castle Valley below and epic peaks above. revenanrunning.com/race/ute-100/

Aug 13 Fruita Thursday Night Concert Series- The Kelli Baker Band featuring Noé Socha. 7:30pm At Civic Center Park, 325 E. Aspen Ave, Fruita, Colorado. www.fruita.org

Aug 15 Fruita Farmers and Makers Market- Held every Saturday morning from 8:30am to noon, at the Fruita Civic Center Park, 325 E. Aspen Ave. Fruita, CO. Music by Paul Teerlink. www.fruitachamber.org/events/farmers-market. See article pg 7A

Aug 18 Feeding Giants Concert- Music in the Grapevines at Two Rivers Winery in Grand Junction. Sponsored by ANB Bank with proceeds to the Art Center of Western Colorado. Tickets online and at The Art Center (7th & Orchard, Grand Junction). Info at www.artcenterguild.org

Aug 20 We're Castle Valley Speaker Series: We're Clouds! Castle Valley Library, 7–8:30pm. 2 Castle Valley Dr., Castle Valley

Aug 22 Service Saturday at Canyonlands- (8:30am–10am). Show your love for Canyonlands National Park by helping clean up litter or pull weeds at a popular trailhead or parking lot at Island in the Sky! All equipment will be provided and all ages and abilities welcome. Minors must be accompanied by an adult. Location and other details will be determined one week from the date of event. Each participant will receive a special thank-you item for volunteering time to care for the national park. For more information or to sign up, please email SEUG_Volunteers@nps.gov or call 435-222-3873

Aug 22 Fruita Farmers and Makers Market- Held every Saturday morning from 8:30am to noon, at the Fruita Civic Center Park, 325 E. Aspen Ave. Fruita, CO. Music by The Twoners. www.fruitachamber.org/events/farmers-market. See article pg 7A

Aug 24–Sep 23 Moab Music Festival- The award-winning Moab Music Festival is known for its distinctive programming and performances of chamber music, jazz, and Latin music. A star-studded roster of artists perform at wilderness, outdoor and historic venues unlike any other festival in the world. moabmusicfest.org. See ad pg 5A

Aug 25 110th Birthday of the National Park Service- National Park Service fee-free day for US citizens and residents.

Aug 28 Skate Moab- Free Community Night, All Ages, 6pm-8pm, Old Spanish Trail Arena Pavilion

Aug 29 Fruita Farmers and Makers Market- Held every Saturday morning from 8:30am to noon, at the Fruita Civic Center Park, 325 E. Aspen Ave. Fruita, CO. Music by Diane West. www.fruitachamber.org/events/farmers-market. See article pg 7A

Downtown Entertainment!

Bring food (and drinks) to go and see a show!!

SHOWTIMES 8PM!

WEDNESDAYS BLUEGRASS

All Star bluegrass band!

SATURDAY MAGIC

the Mystifying Rick Boretti!

fun for all ages!

visit website for exact times and more info!

MOABBACKYARDTHEATER.COM

56 W. 100 S. (1/2 Block off Main next to Zax)